

Lee Graham Swim Team Program Evaluation Rubric

Swimmer Information (to be completed by parents or caregiver)

Name: _____ Age as of June 1st, 2025: _____ Please Circle: New or Returning

Parent Name: _____

Parent Email: _____

Parent Phone: _____

Can use restroom independently: Yes or No

A note to parents: As a safety requirement, children must show the ability to remain calm in deep water long enough to tread and reach the side of the pool in order to participate in the mini-dolphin swim program.

Assessment (to be completed by mini-dolphin coach)

Date of Assessment: _____

Evaluator: _____

Water Comfort Level				
Hesitant to enter water independently	Enters water independently	Submerges head	Floats on stomach (5-10 seconds)	Floats on back (5-10 seconds)

Deep Water Skills		
Hesitant to jump into 5 feet of water	Jumps into 5 feet independently	Briefly treads water (~10 seconds) and moves to sides of pool

Swimming Distance Capability		
0-15 meters	15-24 meters	25 meters or more

Stroke Mechanics				
No recognizable stroke mechanics	Forward movement (doggy paddle)	Recognizable freestyle	Recognizable backstroke*	Proficient freestyle and backstroke

Recommendation: _____